



Medical School

- Fudan University School of Medicine

Residency

- Harvard Medical School Hospitals

Board Certification

- American Board of Physical Medicine & Rehabilitation
- American Board of Pain Medicine

Additional Qualifications

- Three years of orthopedic residency training

TESTIMONIALS:

"In ten minutes, I learned more about my condition from Dr. Hu than in the last ten years." - Topeka Patient

"I didn't know how to spend the weekend (pain-free) after being dominated by pain for the past two years." - Overland Park Patient

OVERLAND PARK OFFICE

10600 Quivira Road, Suite 470  
Overland Park, KS 66215

Tel: 913-888-5198 • Fax: 913-888-5208

TOPEKA OFFICE

6001 SW 6th Avenue, Suite 200  
Topeka, KS 66615

Tel: 785-295-4555 • Fax: 785-233-3187

LEE'S SUMMIT OFFICE

2100 SE Blue Parkway, Suite 250A3  
Lee's Summit, MO 64063

Tel: 816-373-7246(PAIN) / 913-888-5198

BELTON OFFICE

17053 South 71 Highway, Suite 204B  
Belton, MO 64012

Tel: 816-373-7246(PAIN) / 913-888-5198

INDEPENDENCE OFFICE

19401 E US Highway 40, Suite C  
Independence, MO 64055

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# Philosophy of Care

Our goal is to find the proper diagnosis of the patient's pain – that is half the treatment itself. Patients need to be treated holistically and with the best possible treatment methods to control pain and increase functionality.

## Are you in Pain?

Every year, millions of Americans suffer from painful conditions. It is one of the most frequent reasons people seek medical attention. Dr. Zhengyu (Zane) Hu of Pain and Wellness Clinic is specialty trained in his field to provide accurate diagnosis and treatment of a wide variety of painful conditions.

Patients with painful conditions and injuries are best treated through accurate diagnosis and treatment plans. When developed by a physician who understands comprehensive pain management, patients benefit by reducing the time to recovery. Dr. Hu is dedicated to the treatment of various painful and disabling conditions and injuries.

We accept most insurance plans. However, please check with your insurance carrier to be sure.

# Areas of Expertise

- Arthritis
- Back Pain
- Cancer Pain
- Fibromyalgia
- Foot Pain
- Hand Pain
- Headache
- Knee Pain
- Neck Pain
- RSD, CRPS I and II
- Sciatica
- Shingles
- Shoulder Pain
- Sports Injuries
- Urogenital Pain



# Management of Pain

One of the most challenging diagnostic dilemmas today's physicians face is the patient presenting with neck or back pain. Whether acute or chronic, patient's spinal pain often originates from multiple factors. The various functional aspects facing these patients are addressed with a combination of appropriate medications, therapies, and advanced diagnostic and therapeutic interventions.

## Procedures Performed

- Acupuncture
- EMG/NCS
- Epidural Injections
- Medial Branch Blocks
- Peripheral Nerve Blocks
- Radiofrequency Ablation
- Sacroiliac Joint Injections
- Spinal Cord Stimulator Trial/Implant
- Spinal Nerve Injections
- Trigger Point Injections
- Trufuse
- Vertebroplasty/Kyphoplasty
- Zygapophysial/Facet Joint Injections